



Seattle Sunrise Toastmasters

Thank you for visiting Seattle Sunrise Toastmasters!

"When you talk, you give yourself away. You reveal your true character in a picture which is more true and realistic than anything an artist can do for you."

Raph Smedley (Founder of Toastmaster International)

On this sheet you will find information about our meetings and on how to join. Please feel free to ask any Toastmaster any questions you may have. For additional information about our club, or Toastmasters International, "Connect with Us" below. Thank you for visiting us and we look forward to seeing you again soon!

Moises Marin, *President, Seattle Sunrise Toastmasters*

WHO WE ARE

Toastmasters is a non-profit educational organization that teaches public speaking and leadership skills through a worldwide network of clubs. At Toastmasters, members learn by speaking to groups and working with others in a supportive environment.

Each meeting gives every member an opportunity to practice (See back for Details):

- Conducting Meetings
- Giving Impromptu Speeches
- Presenting Prepared Speeches
- Offering Constructive Evaluation

WHEN WE MEET

Until further notice, our meetings are held on Zoom. We meet the 2nd, 3rd, and 4th Saturday of each month, from 7:45–9:15am.

HOW TO JOIN

Becoming a member is easy and affordable. All you have to do is fill out the attached application and return to any one of our club officers.

CONNECT WITH US

Vice President of Membership, Ahmad Nahhas

Vice President of Public Relations, Jamie Khoo

Club President, Moises Marin

Club website: www.seattlesunrisetoastmasters.com

Toastmasters International: www.toastmasters.org

Facebook: www.facebook.com/groups/754042974688429/

FEES

Fees are due twice yearly. Your first payment will include a one-time membership fee to cover the cost of your first manuals, \$7.50 per month in fees to Toastmasters International, and \$1 per month in club dues.

Month of joining club	April or October	May or November	June or December	July or January	August or February	September or March
# Months Paid	6	5	4	3	2	1
One time New Member Fees (Pays for your first four manuals)	\$20.00	\$20.00	\$20.00	\$20.00	\$20.00	\$20.00
Toastmasters International Dues (Funds Officer Training and other Administration)	\$7.50	\$7.50	\$7.50	\$7.50	\$7.50	\$7.50
Seattle Sunrise Dues (Funds club marketing and operations)	\$1.00	\$1.00	\$1.00	\$1.00	\$1.00	\$1.00
Total due (if new member)	\$71.00	\$62.50	\$54.00	\$45.50	\$37.00	\$28.50
Total due (if existing member)	\$51.00	\$42.50	\$34.00	\$25.50	\$17.00	\$8.50

TOASTMATER ROLES

The success of a club meeting depends on the program participants. In Toastmasters, you learn by participating. There are many roles to fill and all meeting participants play an important part in making the club experience educational and enjoyable.

AH-COUNTER

The purpose of the Ah-Counter is to note any overused words or filler sounds.

GRAMMARIAN

The Grammarian plays an important role in helping all club members improve their grammar and vocabulary.

TIMER

A Timer is responsible for monitoring the time of meeting segments and speakers.

TOASTMASTER

The Toastmaster is a meeting's director and host. A member typically will not be assigned this role until they are thoroughly familiar with the club and its procedures.

TABLE TOPICSMASTER

The TableTopicsmaster delivers the Table Topics portion of the meeting, which helps train members to quickly organize and express their thoughts in an impromptu setting. The TableTopicsmaster selects topics in advance of the meeting and then gives members who aren't assigned a speaking role the chance to speak on non-specialized themes or topics.

MEETING SPEAKER

Three or more members present speeches based on projects from manuals in Toastmasters' proven communication and/or leadership program. Projects cover topics such as speech organization, vocal variety, language, gestures and persuasion.

TABLE TOPICS SPEAKER

Table Topics helps members develop their impromptu speaking skills. Table Topics Speakers are volunteers, or selected by Table Topicsmaster.

EVALUATOR

Evaluators provide verbal and written feedback to meeting speakers. In Toastmasters, feedback is called evaluation, and it is the heart of the Toastmasters educational program. You observe the speeches and leadership roles of your fellow club members and offer evaluations of their efforts, and they do the same for you.

GENERAL EVALUATOR

The General Evaluator evaluates everything that takes place during the club meeting, including the evaluators themselves.